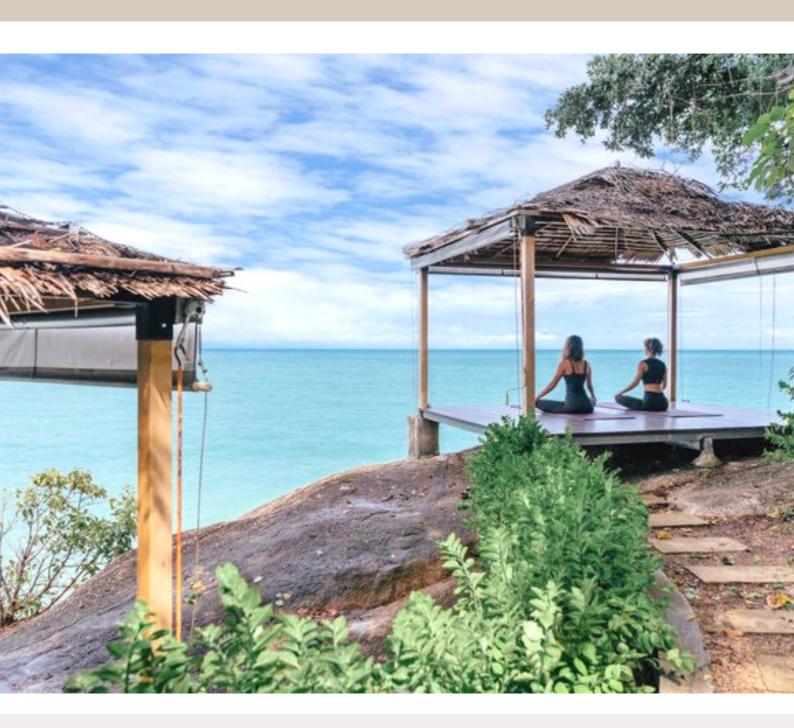
soultribe.

KOH SAMUI THAILAND

9-15 FEBRUARY 2025



WELCOME TO PARADISE ...

Join us at one of the leading retreat centers in the world featuring the very best yoga facilities, open-air shalas overlooking the ocean, beautiful eco-chic accommodations, delicious healthy food and wonderful staff, all set on a pristine beach!

Our retreat centre is located on the island of Koh Samui. Fly straight in or take a ferry from Bangkok.

With all meals, yoga, activities and massages on site, you can just sit back, relax and enjoy the yoga holiday of a lifetime.

A choice of accommodations are on offer to suit all budgets.

Join us in paradise for an 7 day, 6 night deep-dive into the practice with lots of free time to unwind and play in the ocean!



www.soultribe.yoga

IMMERSE.

Since the birth of SoulTribe Retreats in 2015, we have led 90 retreats worldwide. Our wealth of experience means we know our stuff. Each SoulTribe retreat is carefully curated so you can simply relax and enjoy yourself. Your Koh Samui retreat features ...

- Daily guided morning meditation overlooking the ocean
- Two yoga classes per day
 (vinyasa in the morning and
 yin/restorative in the evenings)
- Specialist yoga workshop
- High quality Manduka mats & props
- Two delicious healthy buffet meals per day
- Spa treatments available on-site
- One half-day off to enjoy an optional boat trip!

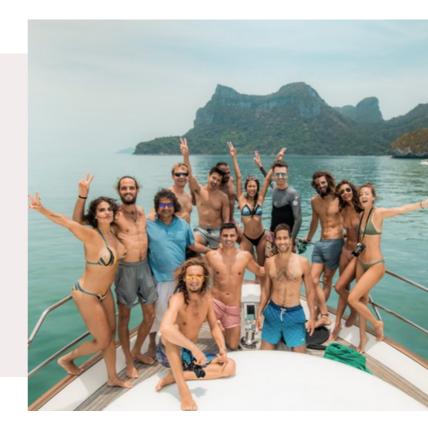
EXPLORE.

Between yoga classes and delicious meals, there is ample time to relax. Swim in the infinity pool, hang out at the beach, read, sleep, grab a hammock to lounge in or try one of these awesome activities ...

- Night Market Shopping Trip
- Boat & Snorkelling Trip
- Famous Big Buddha Temple
- See The Mummified Monk
- Elephant Sanctuary Visit
- Namuang Waterfall
- ATV Jungle Safari
- Angthong Marine Park
- Ziplining
- Thai Cookery Class
- Thai Massages

Travel is the gorgeous feeling of teetering on the unknown

Anthony Bourdain



7.30am Meditation

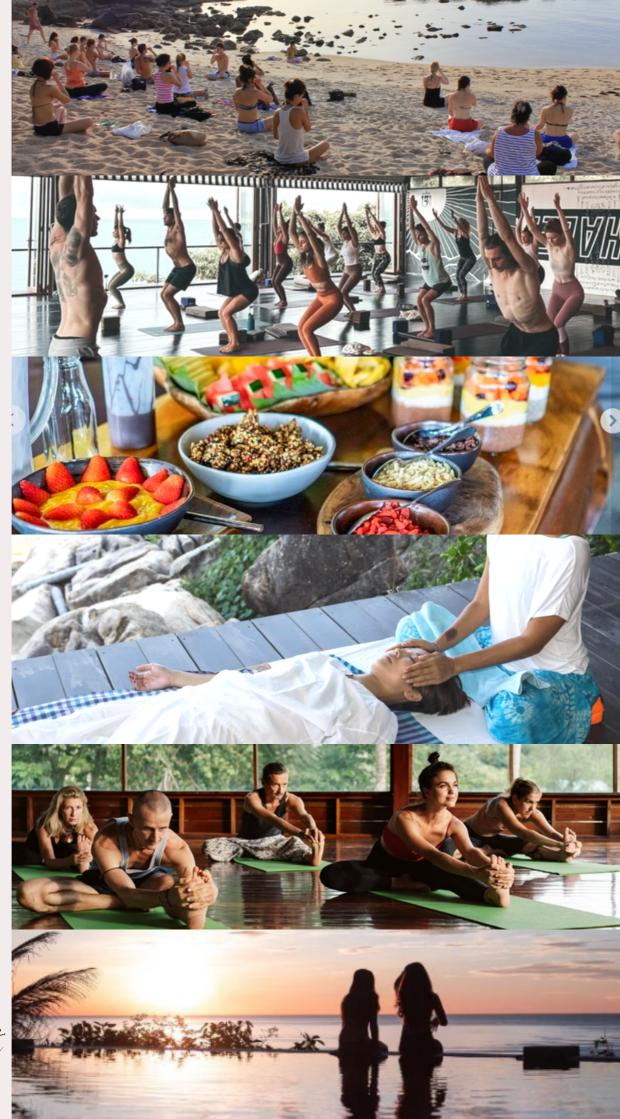
8.30am Vinyasa Yoga

> 10.30am Brunch

12pm Relax/Explore

> 4.30pm Stretch

7pm Dinner/Sunset



YOUR DAY ON RETREAT ...

7.30am: Guided meditation overlooking the ocean

8.00am: Gratitude journalling

8.30am: Vinyasa Flow yoga practice for all levels

10.30am: Healthy buffet breakfast

11.00am Free time – relax by the infinity pool, hang out at

the beach, explore, massage, read, sleep or chill! 4.30pm: Relaxing Yin or Restorative yoga practice

7.00pm: Dinner and relax

*One afternoon off for an optional group boat trip

NOTE: I may be offering a 4-night 'add on' on neighboring island Koh Phangan for those who want an extended retreat (11 days in total!)



SLEEP.

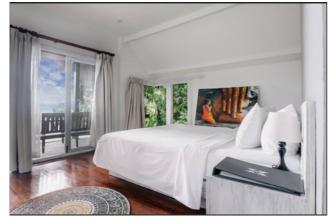
With a wide variety of beautiful accommodations to suit all tastes and budgets, we've got you covered

LOTUS PAD

With views over the ocean or nestled in the tropical gardens the lotus pads offer a beautiful and detailed space with expansive views.

- Garden Views
- King Bed
- En-suite bathroom with hot shower
- Private Terrace
- Tea and Coffee Facilities
- Bathrobes, Hairdryer & Toiletries















LOTUS PAD PLUS

Awaken to the blissful ocean breeze and embrace sunrise with uninterrupted ocean views. With comfortable furnishings throughout, these spacious rooms feature:

- Rooms with an ocean view
- King or Twin Beds
- En-suite bathroom with hot shower
- Private balcony
- Tea and coffee facilities
- Bathrobes, Hairdryer & Toiletries















PRANA CABANA

Nestled right where the beach meets the jungle, you'll have the best of both worlds. Just a short walk to the beach. These spacious cabana feature:

- Rooms with an ocean view
- Queen or Twin Beds
- En-suite bathroom with hot shower
- Private balcony
- Tea and coffee facilities
- Bathrobes, Hairdryer & Toiletries















PRANA CABANA PLUS

With our private beach just steps away from your cabana you'll have direct access to the beach for morning swims and evening star gazing. These spacious cabanas feature:

- Front line ocean view
- King or Twin Beds
- En-suite bathroom with hot shower
- Private terrace
- Tea and coffee facilities
- Bathrobes, Hairdryer & Toiletries















INVESTMENT.

LOTUS PAD

King Bed Single Occupancy £1399 Two sharing £1199pp

LOTUS PAD PLUS

King Bed Single Occupancy £1499 Two sharing £1299pp

Twin Beds Two Sharing £1299pp

PRANA CABANA

Queen Bed Single Occupancy £1499 Two sharing £1299pp

Twin Beds Two Sharing £1299pp

PRANA CABANA PLUS

King Bed Single Occupancy £1599 Two sharing £1399pp

Twin Beds Two Sharing £1399pp

INCLUSIONS.



ACCOMMODATION

6 nights accommodation in a shared or private room with tea & coffee bar and toiletries



ACCESS TO PRIVATE BEACH

Walk straight out of class and onto the beach!



ONSITE INFINITY POOL

Pool and sun loungers to enjoy under the lush palm trees between your yoga sessions



ALL YOGA CLASSES

Multi-level classes where beginners are nurtured and experienced practitioners are challenged in an inclusive, supportive environment



DAILY GUIDED MEDITATION

Each morning session begins with guided meditation. Learn valuable breathing practices (pranayama) and enjoy meditation overlooking the



MORNING JOURNALLING TIME

Our morning sessions always allow for 30 minutes of journalling. Jenn will teach you her personal gratitude journalling practice to take home



OPTIONAL EXCURSIONS

Choose from a variety of optional activities including boat tours, temple visits, elephant sanctuary and more



ONSITE SPA

Enjoy massages and blissful treatments on site with trained therapists



OUALITY MATS & PROPS

Top quality Manduka studio mats and props all provided for you



YOGA SHALA

Enjoy practicing in our stunning ocean view shala with mats and props provided



TWO MEALS A DAY

Healthy, local and sustainable culinary menu lovingly created by professional chefs



TEA & COFFEE

Your own in room facilities



LIFE CAFE

On-site is one of the most celebrated health food cafes on the island!



COMPLIMENTARY WIFI

Free wireless internet available throughout the property



GOOD VIBES GUARANTEED!

We are so excited to welcome you into our awesome Tribe of like-minded, open hearted yogis!

^{*}Deposit to secure your space £300 with the balance in instalments



REASONS TO CHOOSE SOULTRIBE

12 years experience leading retreats

90 successful retreats worldwide in 4 continents to date

Passionate certified teacher with 14 years of teaching experience

Hundreds of happy clients

An awesome global community spanning 22 countries

Good vibes guaranteed!

To book your space in Thailand or any of our other international retreats email us at hello@thetravellingyogi.com